



CERTIFICATE OF PARTICIPATION

This is to certify that

**Shareese
Grobbelaar**

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:09:30

PACE 05:55/km
OVERALL 144 of 834

GENDER 27 of 271
**SENIOR (20- 20 of 134
39)**



08 July 2023, Sat

Date

BoutTime

Signature

